



tomorrow. Meet the vague women in this delightful first novel that doesn't star a woman looking for the right man - because she's already found him! At twenty-two, Sharmila Chatterjee has just married her sweetheart of a few years, Abhimanyu Mishra, a somewhat eccentric if handsome twenty-three-and-a-half year old with obscure academic interests and a small fellowship that never arrives on time. They start a household in a tiny rented flat, learning to fend for themselves in the big, bad and snotty world of south Delhi, with penny-pinching landlords, some romance, and a lot of anxiety. At fifty-two, Indira Sen is not sure just how she meandered to where she finds herself now. A senior government officer and single mother, she lives with her daughter and three opinionated old people in a rambling house, drives a battered car, and has a history of credit-card induced shopaholism. The Vague Woman's Handbook is a story told with equal parts of humour, hysteria and tenderness, about the sparkling friendship between two women as they hurtle through life and its mini-crises while trading secrets in the art of survival. Yoga Journal For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty. Obsessed Harper Collins Investigative journalist Avik has finally found the one case that could bring him glory. Or death. As the mystery behind millionaire Kalki Rajput's murder grows thicker, Avik is forced to risk it all to bring out the truth that has eluded many before him. If only he could uncover what the victim's daughter had witnessed. Of course, that would mean diving into the depths of her madness. He had thought he could resurface with the truth. Now he will count himself lucky if he makes it out alive. And sane. Journeys in the Kali Yuga A Pilgrimage from Esoteric India to Pagan Europe Simon and Schuster A beautifully evocative account of one man's odyssey to discover authentic and unbroken magical traditions in the East and reawaken them in the West • Details the author's encounters with the Naga Babas, his initiation into their tradition, and his experience at the Kumbh Mela, the largest spiritual gathering on Earth • Shares the similarities he discovered between the teachings of the Indian tradition and the Western traditions of magic, alchemy, and pagan pantheons • Introduces a wide cast of characters, including Goa Gil, the world-renowned guru of the Goa techno-trance scene, and Mahant Amar Bharti Ji, a "raised-arm Baba," who for more than 40 years has held up one arm in devotion to Shiva Beautifully detailing his spiritual pilgrimage from West to East and back again, in the age of strife known as the Kali Yuga, Aki Cederberg shares the authentic and unbroken magical traditions he experienced in India and Nepal and how his search for a spiritual homeland ultimately led him back to his native Europe. Cederberg explains how his odyssey began as a search for spiritual roots, something missing in the spiritually disconnected life of the Western world, where the indigenous traditions were long ago severed by the spread of Christianity. Traveling to India, he encounters the ancient esoteric order of mystic, wild, naked holy men known as the Naga Babas, the living source of the Hindu traditions of magic and yoga. Immersing himself in the teachings of the tradition, he receives an initiation and partakes in the Kumbh Mela, the largest spiritual gathering on Earth. With his evocative descriptions, Cederberg shows how traveling in India can be an overwhelming, even psychedelic experience. Everything in this ancient land is multiplied and manifold: people and things, sights and sounds, joy and suffering. Yet beyond the apparent confusion and chaos, a strange, subtle order begins to reveal itself. He starts to glimpse resemblances and analogies between the teachings of the Indian tradition and the Western traditions of magic, alchemy, and pagan pantheons. He meets a wide cast of characters, from mystical hucksters in Rishikesh and the veritable army of naked, chillum-smoking mystics of Maya Devi to Goa Gil, the world-renowned guru of the Goa techno-trance scene, and Mahant Amar Bharti Ji, an urdhvabahu or "raised-arm Baba," who for more than 40 years has held up one arm in devotion to Shiva. After extensive traveling and immersing himself in the extraordinary world of India, Cederberg returns to his native soil of Europe. Traveling to holy places where old pagan divinities still linger in the shadows of the modern world, he dreams of forgotten gods and contemplates how they might be awakened yet again, reconnecting the West with its own pre-Christian spiritual traditions, sacred landscapes, and soul. Dry Simon & Schuster Books for Young Readers "The authors do not hold back." —Booklist (starred review) "The palpable desperation that pervades the plot...feels true, giving it a chilling air of inevitability." —Publishers Weekly (starred review) "The Shustermans challenge readers." —School Library Journal (starred review) "No one does doom like Neal Shusterman." —Kirkus Reviews (starred review) When the California drought escalates to catastrophic proportions, one teen is forced to make life and death decisions for her family in this harrowing story of survival from New York Times bestselling author Neal Shusterman and Jarrod Shusterman. The drought—or the Tap-Out, as everyone calls it—has been going on for a while now. Everyone's lives have become an endless list of don'ts: don't water the lawn, don't fill up your pool, don't take long showers. Until the taps run dry. Suddenly, Alyssa's quiet suburban street spirals into a warzone of desperation; neighbors and families turned against each other on the hunt for water. And when her parents don't return and her life—and the life of her brother—is threatened, Alyssa has to make impossible choices if she's going to survive. The Celibate Ukiyoto Publishing The evolution of an AI engineer into a Jesuit, a Christian priest, and later an Aghori Sadhu, a naked Hindu monk, is the story. On holiday in Goa, Grace, a local girl, invited Abe to stay with her on condition he wouldn't touch her. He became madly in love with Grace but evolved into a celibate. At the Kamakhya temple, Emma, from Amsterdam, a researcher of Aghori Sadhus, prompted him about the joys of sex that challenged Abe's manhood. Her greenish eyes mesmerised him, and the lure tore him apart. A reverberating saga of sparkling aspirations and fleeting visions of Abe, Grace and Emma, enthralled in the zest of living and entrenched in captivating catastrophe sans exit, elevates the reader into a delightful psychic amorphous experience. This explosive existential surrealistic fiction exposes the absurdity and futility of celibacy, asceticism, and renunciation. Grace and Emma are two facets of womanhood, and Abe is the quintessential artist who tries to circumvent his anguish through painting their portraits. The Aghori Sadhu symbolises the meaninglessness of life. His nudity is civilisation's primaeval status, the freedom to be naked Tantrika Traveling the Road of Divine Love Harper Collins A Foreign Correspondent's Search for Her Cultural and Spiritual Identity What began as an assignment from her editor at the Wall Street Journal to investigate "America's hottest new fad," the secrets of sexual ecstasy in Tantra, became a story that would lead reporter Asra Nomani halfway around the world and change forever her life, faith, and self-identity. From a New Age Tantric seminar in Santa Cruz to sitting at the feet of the Dalai Lama in India, from meditation caves in Thailand to crossing the Khyber Pass with Muslim militants and staring down the barrel of an Afghan soldier's AK-47, Nomani's trek unexpectedly climaxes in Pakistan, where she risks great danger in joining the hunt for kidnapped fellow reporter Danny Pearl. She travels the globe in search of this elusive "divine love," but ultimately hers is a journey of self-discovery in which the divine within herself and within all women -- all "tantrikas" -- is revealed. Passenger to Frankfurt An Extravaganza Dodd Mead A tale of international intrigue unfolds from the brief encounter of two individuals at Frankfurt airport An Incurable Insanity Tate Pub & Enterprises Llc Her heart fluttered when she heard the sound of the key turn in the lock. She quickly adjusted her maroon silk sari with the yellow border, the one that had caught his eye, and waited eagerly for his footsteps. One, two, three, four, five, six, seven... Yes, exactly seven steps before he stopped, hesitated for a few moments, then removed his shoes one by one and arranged them neatly side by side on the shoe rack. She smiled. He had been mindful of taking his shoes off every day now. 'I am not used to it, but I will if you want me to. It's probably a good thing to do anyway.' As he settled down, he would pick up the TV remote and, without looking at her, would say in his smooth baritone, 'So how did you spend your day, anything interesting?' Shaan Ahuja found himself bowing to tradition and agreeing to an arranged marriage to the beautiful Ruhi Sharma. He went through the motions but had no intention of carrying through on his vows. His last foray into matters of the heart with an American girl had left him scarred and unwilling to try again. Thoroughly disillusioned and disgruntled he wasted no time in making his intentions clear to Ruhi on their wedding night. But, he was completely unprepared for what his new wife had in mind. Contemporary Hinduism Routledge Most overviews of Hindu belief and practice follow a history from the ancient Vedas to today. Such approaches privilege Brahmanical traditions and create a sense of Hinduism as a homogenous system and culture, and one which is largely unchanging and based solely on sacred texts. In reality, modern Hindu faith and culture present an extraordinary range of dynamic beliefs and practices. 'Contemporary Hinduism' aims to capture the full breadth of the Hindu worldview as practised today, both in the sub-continent and the diaspora. Global and regional faith, ritualised and everyday practice, Brahmanical and non-Brahmanical belief, and ascetic and devotional traditions are all discussed. Throughout, the discussion is illustrated with detailed case material and images, whilst key terms are highlighted and explained in a glossary. 'Contemporary Hinduism' presents students with a lively and engaging survey of Hinduism, offering an introduction to the oldest and one of the most complex of world religions. River of Offerings Earth Aware Editions How does a deeper understanding of the ancient spiritual traditions of India shed new light on our contemporary yoga practice? And what can India's River Ganges teach us about how to live in a meaningful way? Through photography and personal narrative, Jennifer Prugh documents a series of pilgrimages over the last ten years to spiritually significant locations along India's Ganges River. The Ganges is India's most sacred river, winding some 1550 miles from its source, high in the western Himalayas, traveling eastward across the subcontinent to empty out at Sagar Island near Kolkata. The river is also known among Hindus as Mother Ganga, the Goddess. She dissolves sins, drinking her waters cures those who are sick, and dying on her banks ensures freedom from the cycle of life and death. She is a perpetual offering to all who inhabit the Ganges River Valley. What began for the author as simply a trip to India in 2007 to deepen her understanding of her yoga practice became a passionate pursuit to broaden her understanding of the ancient spiritual culture of India, from which modern yoga practice evolved and changed her life. By plane, train, automobile, rickshaw, and on foot, she traveled with camera in tow to many of India's sacred destinations along the Ganges, from high in the Himalayas at the river's source at Gangotri, to the great Kumbha Mela festival held in Allahabad, to the cremation ghats in Varanasi. Prugh explores the stories from the heroic epics that provide the backbone for contemporary yoga philosophy, as well as the sacred wisdom that animates India's spiritual legacy. Part history, part mythology, and part travel narrative, this is a visual and written account of the trials, tribulations, and personal discoveries of an American female yoga practitioner. River of Offerings serves to broaden our understanding of how to live our lives meaningfully, with passion and purpose. A visually compelling and beautiful journey from cover to cover, this book will be a cherished source of inspiration for years to come. LIGHTS! SCALPEL! ROMANCE! Lights! Scalpel! Romance! invites readers to become a part of the fun side of hospital life, where a surgeon's routine is akin to driving in a Formula One race every day. End of Story Hachette UK Is someone out there tinkering with our minds? Shukrat Ali, a news anchor at Khulasa, the 'tabloid' current affairs channel, is out of a job. TV channels across the country have closed down as a consequence of a Supreme Court ban on electronic advertising. An inquiry is on regarding the emergence of a sinister new form of ads the media has dubbed 'propagandads', which uses compelling subliminal messages to subtly rewire people's minds and influence their actions. Even as Shukrat grapples with the question: 'How does an anchor move on?' he is summoned to testify in the trial concerning the killing of his ex-boss, Satya Saachi Sengupta, the mysterious and towering figure in his life, whose connections with this insidious mind manipulation scheme can no longer be denied. Being a key witness present at the scene of the crime, Shukrat must prepare to bare all before the court and tread carefully lest his testimony boomerangs on him. Gripping and darkly humorous, End of Story? is an intriguing and intelligent thriller about the dystopian possibilities of everyday advertising. Breatharian Pathways Lulu.com A Taste of India Harper Collins Since its publication in 1985, Madhur Jaffrey's A Taste of India has become the definitive Indian cookbook and is now reissued in a reduced-format paperback edition. Madhur Jaffrey uses her vast knowledge and descriptive skills, together with a wealth of superb photographs to set the foods of her homeland in their regional context. A Taste of India is a magnificent book, spiced with anecdotes and personal reminiscences, which conveys all the colour and diversity of India's rich culinary heritage. From the mountains of northern Kashmir she has selected a sweet pumpkin and walnut chutney that is served at wedding banquets; from the dry plains of western Saurashtra a delicious savoury cake made from a batter of rice and split peas. Dishes like these, together with many other sweets, snacks, breads, roasts, skewered kebabs and pilafs, form an exhaustive collection of recipes that will satisfy the most experienced cook and enthusiastic beginner alike. ARNA 2013 The Journal of the University of Sydney Arts Students Society DARLINGTON PRESS A new edition of ARNA - a unique and progressive journal that showcases the voice of the Sydney University's Arts students and promotes a diversity of style and form across multiple creative and literary mediums. Travelers' Tales India Travelers' Tales A collection of forty-nine stories by foreign sojourners through India spans the breadth and depth of the sub-continent, from the pristine peaks of the Himalayas to the grimy streets of Calcutta, covering an Indian wedding, a visit to a famous Indian chef, and an encounter with caretakers of the dead on the Ganges, among other fascinating tales. Original. A Taste of My Life A Memoir in Essays and Recipes Pan Macmillan Chitrita Banerji is an absolute master of the difficult art of writing autobiographically about food' Amitav Ghosh 'A book of complex flavours: by turns sad and joyous' Arvind Krishna Mehrotra 'A delightful anthology by a gifted writer' Pushpesh Pant

From a two-time winner of a Sophie Coe Award in Food History One of the most celebrated culinary historians of our time, Chitrta Banerji grew up in a Calcutta home devoted to food. From there she went to Harvard as a graduate student, then to Dhaka soon after the 1971 India-Pakistan war, and later returned to the US, the passage of these years inspiring a fecund writing career. In this memoir, styled like a three-course meal with an ironic twist, she offers an absorbing portrait of a life that has intermingled with food in moving and unexpected ways. Through vividly evoked repasts with family, and other meaningful gastronomic encounters in settings both personal and political, Banerji reveals how food has played a defining role in her experiences of love, adventure, conflict, loss and reconciliation. In the process, she introduces us to those dishes and drinks most special to her - Kadam Bhai's duck bhuna, her father's favourite tea, winter treats such as narkel naru, a chicken sandwich from memoryland - and charms us throughout with her sublime and enchanting prose. And Live Rejoicing Chapters from a Charmed Life : Personal Encounters with Spiritual Mavericks, Remarkable Seekers, and the World's Great Religious Leaders New World Library Presents the author's recollections of his time spent traveling the world and meeting spiritual and religious leaders. Mountain Tales Love and Loss in the Municipality of Castaway Belongings Profile Books 'If you read one book about India, read this one.' Geeta Anand, Pulitzer Prize-winner and author of The Cure 'Mountain Tales is a remarkable feat of immersive reporting and story-telling, a deeply-felt exploration of ideas, and a gripping chronicle of the fates of the garbage-pickers of Mumbai ... I loved this book.' Suzy Hansen, author of Notes on a Foreign Country All of Mumbai's memories and castaway possessions come to die at the Deonar garbage mountains. And among these vast, teetering piles of discarded things - medical waste, rotten food, old clothes, broken glass and twisted metal - a small, forgotten community lives and works. Scouring the dump for whatever can be resold or recycled, waste pickers also mark the familiar milestones of babies born, love found, illnesses suffered and recovered from. Like a mirror image, their stories are shaped by the influx of unwanted things from the world outside. But now, as Deonar's toxic halo becomes undeniable, a change is coming. And as officials try to close it, the lives that the pickers have built on the Mountain seem more fragile than ever.