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## KEY=SURVIVAL - SANTIAGO LEWIS

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### SURVIVAL 101 BEGINNER'S GUIDE 2021 AND BUSHCRAFT

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### THE COMPLETE GUIDE TO URBAN AND WILDERNESS SURVIVAL FOR BEGINNERS IN 2021 (2 BOOKS IN 1)

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Do you know how to survive without access to modern supply chains? Do you worry about what might happen if you find yourself having to evacuate the safety of your home due to an emergency? Could you survive it? Wonder no more. The reality is, survival is a task we are all faced with in life. In our modern society, we have become so accustomed to having all of our survival needs met that the idea of having to meet them ourselves seems... impossible. It doesn't have to be! A global pandemic has left many realizing that survival is not as easy as going to the store for your necessities. The truth is, you are wired to survive. But that doesn't mean it would be easy to survive in the wilderness. Not growing up in the face of exposure means that you may be entirely unaware of what to look for, what to avoid, and how to prepare. It's time you change that. Survival 101: Beginner's Guide and Bushcraft: 2 In 1 Book Bundle: The Complete Guide For Urban And Wilderness Survival For Beginners in 2021, was written to help you discover how to survive in any situation whether it be in an urban environment or the wilderness. Some of what you will discover in Survival 101: Beginner's Guide and Bushcraft include: What skills and tools are essential to your survival Key terms you should know about when reading survival manuals How to set up a secure campground, including where to place your cooking and food facilities for safety The first five things you have to secure to ensure your survival An overview of the survival task list Essential navigation and tracking skills, including how to find yourself if you are lost Methods for securing food and water, including how to butcher game meat How to safely and properly leave an urban environment How to secure your long term survival in an off-grid situation Necessary hygiene and medicine practices to know in the bush, including which plants you can rely on for medicinal purposes, and how to use them How to leverage the environment around you for easier survival ....And much more! This 2 In 1 BUNDLE book is an excellent guide for anyone, anywhere needing to survive in an urban setting, and also needing bushcraft skills to survive in a wilderness setting. However, it will show you how to specifically tailor YOUR survival to YOUR environment. To discover how you can prepare yourself to survive in the wilderness. Scroll up and click Add to Cart. With the way things are going these days, you will be glad you did!

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## BUSHCRAFT 101

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### A FIELD GUIDE TO THE ART OF WILDERNESS SURVIVAL

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Simon and Schuster **Offers survival skills on using the surrounding wilderness as a useful resource, including how to manufacture needed tools, how to collect and cook food, and how to guard against the elements.**

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## A GUIDE TO WILDERNESS SURVIVAL

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### THE ULTIMATE BUSHCRAFT SURVIVAL MANUAL

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Simon and Schuster What if you were dropped in the woods with little more than a knife, your wits, and the (hopefully warm) shirt on your back? Could you survive? If you'd read this book, the answer is yes! Survival! It's one of our most primal fears, most basic needs. What do you do when everything is stripped away except your will to prevail? In this book, survival expert Tim MacWelch examines how native peoples around the world and throughout history have made their own shelter, weapons, tools, and more, and well as clever MacGuyver-esque ideas for using anything you might find in your pockets or pack. Whether your goal is to test yourself against nature, be prepared for any catastrophe, or learn more about traditional ways of survival, this is the one book you need. Packaged in a durable, wipe-clean flexicover with metallic corner-guards, this practical manual withstands heavy-duty use indoors and out. **CHAPTER ONE: Bare Necessities - The stuff you need to survive short term wilderness emergencies (72 hours to one week)** The Survival Priorities (& why you need them) Shelter, water, fire, food, first aid and signaling distress Tools of the Minimalist Knife, Axe and Saw - use and care; Clothing selection Shelters Pick a safe shelter location; How to build Leaf huts, lean-tos, jungle platforms, thatched roof, log huts, wicki-ups, pit houses, and more (different homes for varied climates) Water Gathering and Disinfection Finding springs, boiling w/ hot rocks, rain and precipitation collection, water storage, primitive filters, water from plants Fire Tinder, Kindling, Fire Lays, Flint & Steel, Bow Drill, Hand Drill, Bamboo Fire Saw, Fire Plow, Pump Drill, and other friction methods Signaling for Help and Self-Rescue How to signal and communicate w/ old school techniques; How and when to fight your way out **CHAPTER TWO: Finer Things - Skills and techniques to collect food, and live more comfortably in the wild (weeks to months)** Foraging for Wild Edible Plants How to identify and use wild plant foods; Recipes like our ancestors would have eaten Trapping Ways to catch game with new and old school, low-tech traps Primitive Fishing How to catch fish with thorns and other improvised tackle Ancient Weapons Bow and arrow, spear, Spear thrower, Bola and sling, primitive forging of metal Hunting Skills and game processing; 10 things to never do on a hunt Primitive Tools How to make stone blades, knives, axes, stone drill bits, mallets and wedges for wood splitting, digging sticks Hygiene Keeping clean; Natural toilet paper; Soap from plants; DIY latrine **CHAPTER THREE: Long Term Living - The skills of our ancestors and the things you'd need for long term primitive living (years)** Food Storage Drying, smoking, Food Caches, Freezing Containers How to make several different basket styles; Bark containers; Wooden bowls; Soapstone bowls and pots; Primitive ceramics Hides and Furs DIY buckskin, fur, rawhide and leather; Making clothes and outerwear (moccasins, mittens, hats, etc.) Primitive Cooking Cook in the coals; Spits and skewers; Green stick grill; Rock for frying pan; Stone Ovens, Steam pit, Earth over (in-ground hearth system) Tracking Man tracking and animal tracking Natural Navigation How to find your way by using the stars, the landscape, the weather and many other methods Wild Medicine Teas, compresses and poultices to help you heal

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### SURVIVAL 101 BEGINNER'S GUIDE 2021

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### THE COMPLETE GUIDE TO URBAN AND WILDERNESS SURVIVAL

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Do you know how to survive without access to modern supply chains? If you had to evacuate your town immediately, would you feel confident in your ability to survive? Our modern world has made survival easy for us. That means that many of us do not know how to survive without the luxuries of the modern world.. And the reality is that they can all be taken away in a matter of minutes. What then? A global pandemic has left many realizing that survival is not as easy as going to the store for your necessities. The wakeup call we are all facing means that every one of us could stand to learn more about how to manage our survival. After all, our survival relies on us individually. That is why I comprised a series of Survival 101 books designed to help you survive any situation, including this one. Survival 101: Beginner's Guide 2021 will help you get started with managing your own survival, so that you can feel a sense of security in your ability to adapt and overcome any situation you find yourself in! Some of what you will learn in Survival 101: Beginner's Guide 2021 includes: How you can prepare for any survival situation Key terms you should know about when reading survival manuals The first five things you have to secure to ensure your survival An overview of the survival task list A detailed description and guide for each of the 34 tasks, including how to prepare for them and how to enact them in an emergency How to safely and properly leave an urban environment How to secure your long term survival in an off-grid situation What to do in case of an emergency, and who to call (if anyone) Detailed guides on what to do in certain first aid settings Checklists and detailed lists of what should be included in your survival gear And more! Now more than ever, you need to know how to protect your survival and the survival of the people you love. Although our modern systems may be nice, they are not sustainable in an emergency, and in those situations, you need to know what to do in order to live through them. To discover what you need to do in order to survive any emergency you may come across. Scroll up and Add to Cart! You can't afford to wait any longer!

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## WILDERNESS AXE SKILLS AND CAMPCRAFT

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An understandable guide to key skills for bushcrafters, campers, outdoors lovers, and anyone interested in surviving on the land. No other woodcraft teacher instills outdoor knowledge the way Kirtley does, which has earned him a stellar global reputation. This is the chance to learn from him even if you can't attend his sold-out courses. Everything needed for those seeking eventual serious bushcraft mastery, and also helpful for those who admire bushcraft but simply want to add ease and enjoyment to occasional camping. This is his first book and teaches the core skills from start to finish: selecting the correct tools for the task, caring for the tools, everyday axe techniques, felling, limbing, sectioning, and carving techniques and projects. Next, master efficient and sometimes lifesaving campcraft needs, including pot hangers, tripods, cranes, camp grills, broilers, lanterns, stools, tent needs, essential knots, lashings, ladders, and rope throwing and hoisting. Also features a detailed look at more than a dozen types of wood and their properties, for best choices in all bushcraft needs.

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## HUNTING & GATHERING SURVIVAL MANUAL

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### 221 PRIMITIVE & WILDERNESS SURVIVAL SKILLS

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Simon and Schuster A manual for the modern hunter-gatherer that will teach you everything you need to know about foraging, hunting, and cooking in the wild. From finding wild edible plants to subsistence hunting, you'll learn how to live off the land while hunting like a caveman—and eating like a king. With high-quality design, intricate detail, and a durable flexicover, this manual is the perfect addition to any outdoor enthusiast's library. Whether you're using modern tools, old-fashioned snares, or your own two hands, this book will show you the amazing range of hands-on (literally!) methods for catching and cooking your prey. Use the detailed field guides to gather edible plants, nuts, and mushrooms, then turn them into gourmet meals with field-tested camp cooking tips. And prepare for any emergency, whether you're lost in the woods or surviving a natural disaster. This book demystifies it all, with simple hints and step-by-step illustrations to make you a self-sufficient survivor—in your backyard or in the wild.

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## THE MEATEATER GUIDE TO WILDERNESS SKILLS AND SURVIVAL

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Random House **NEW YORK TIMES BESTSELLER** • An indispensable guide to surviving everything from an extended wilderness exploration to a day-long boat trip, with hard-earned advice from the host of the show MeatEater as seen on Netflix For anyone planning to spend time outside, The MeatEater Guide to Wilderness Skills and Survival is the perfect antidote to the sensationalism of the modern survival genre. Informed by the real-life experiences of renowned outdoorsman Steven Rinella, its pages are packed with tried-and-true tips, techniques, and gear recommendations. Among other skills, readers will learn about old-school navigation and essential satellite tools, how to build a basic first-aid kit and apply tourniquets, and how to effectively purify water using everything from ancient methods to cutting-edge technologies. This essential guide delivers hard-won insights and know-how garnered from Rinella's own experiences and mistakes and from his trusted crew of expert hunters, anglers, emergency-room doctors, climbers, paddlers, and wilderness guides—with the goal of making any reader feel comfortable and competent while out in the wild.

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## THE LOST BOOK OF HERBAL REMEDIES

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### THE HEALING POWER OF PLANT MEDICINE

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Claude Davis 304 color pages, paperback, improved print quality, and a lot more plant identification details This unique book is written by Dr. Nicole Apelian, an herbalist with over 20 years of experience working with plants, and Claude Davis, a wild west expert passionate about the lost remedies and wild edibles that kept previous generations alive. The Lost Book of Herbal Remedies has color pictures of over 181 healing plants, lichens, and mushrooms of North America (2-4 pictures/plant for easy identification). Inside, you'll also discover 550 powerful natural remedies made from them for every one of your daily needs. Many of these remedies had been used by our forefathers for hundreds of years, while others come from Dr. Nicole's extensive natural practice. This book was made for people with no prior plant knowledge who are looking for alternative ways to help themselves or their families. This lost knowledge goes against the grain of mainstream medicine and avoids just dealing with symptoms. Instead, it targets the underlying root cause and strengthens your body's natural ability to repair itself. With the medicinal herbal reference guide included, it's very easy to look up your own condition and see exactly which herbs and remedies can help. Let me just offer you a small glimpse of what you'll find inside: On page 145 learn how to make a powerful "relieving" extract using a common backyard weed. This plant acts directly on the central nervous system to help with all kinds of pain and discomfort. You'll also discover the most effective natural antibiotic that still grows in most

American backyards (page 150). Turn to page 43 for the natural protocol Dr. Nicole is recommending for a wide range of auto-immune conditions, after falling prey to MS herself at age 29. I could go on and on because this book contains no less than 800+ other medicinal plants and natural remedies.

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## MY YEAR WITHOUT MATCHES

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### ESCAPING THE CITY IN SEARCH OF THE WILD

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**Black Inc.** In the tradition of *Wild and Tracks*, one woman's story of how she left the city and found her soul. Disillusioned and burnt out by her job, Claire Dunn quits a comfortable life to spend a year off the grid in a wilderness survival program. Her new forest home swings between ally and enemy as reality - and the rain - sets in. Claire's adventure unfolds over four seasons and in the essential order of survival: shelter, water, fire and food. She arrives in summer, buoyant with idealism, and is initially confronted with physical challenges: building a shelter, escaping the vicious insects and making fire without matches. By winter, however, her emotional landscape has become the toughest terrain of all. Can she connect with her inner spirit to guide her journey onwards? Brimming with earthy charm and hard-won wisdom, *My Year Without Matches* is one woman's quest for belonging, to the land and to herself. When Claire finally cracks life in the bush wide open, she discovers a wild heart to warm the coldest night. 'A brave and adventurous book ... Claire's writing is full of life and profound surprises.' —Anne Deveson 'An entertaining look at how Dunn survived for four seasons in a 'hundred acres of baking scrubland' —Sun Herald 'With earthy, expressive honesty she shares her struggles [and] the swooping highs of crafting life out of a block of unforgiving scrub... by sharing such an intimate journey, Claire has given us all a gift.' —WellBeing Magazine

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### WILDERNESS SURVIVAL FOR DUMMIES

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**John Wiley & Sons** Learn to: Use survival techniques to stay alive on land or at sea Understand basic navigation Find enough water and food Signal for help and get rescued Your one-stop guide to surviving and enjoying the Great Outdoors Want to know how to stay alive in extreme situations? This practical, accurate guide gives you all the expert, field-tested tools and techniques you need to survive. Whether you find yourself lost in the woods, adrift on a life raft, bitten by a snake, or needing shelter in cold weather, this hands-on resource teaches you how to stay safe (and sane), find rescue, and live to tell the tale! Know the basics of survival — perform life-saving first aid, make fire and shelter, and find water and food Manage your emotions — cope with panic and anger, get the "survivor's attitude," and foster cooperation and hope with others Increase your chances of rescue — signal for help and navigate using a compass or the sky Practice expert survival methods — tie essential knots, craft your own weapons and tools, and make natural remedies Gain wisdom for water emergencies — stay afloat when your ship or boat sinks, avoid dehydration and starvation, and make it to shore Open the book and find: Common survival scenarios you may encounter Tried-and-tested advice for individuals or groups The items you need to stay alive Basic orientation skills Ways to keep warm or cool The best methods for building a fire in any environment What you can (and can't) eat and drink in the wild True stories of survival

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### THE FORAGER'S GUIDE TO WILD FOODS

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**Claude Davis** 319 color pages, 400 wild foods, plant localization maps for each plant (400 maps), paperback, great print quality, superior plant identification guidelines, recipes for each plant, full page photos of the plants, at least 3 pictures for each plant, medicinal uses. *The Forager's Guide to Wild Foods* is probably the most important thing you want to have by your side when you go out foraging. Maybe there are times when you're still not sure about a certain plant and you need to consult the book, despite your vast experience. Or maybe you don't have experience at all and just want to find wild goodies using the book. This book is the ultimate resource for every home, kept right next to your emergency foods, in your Bug out Bag, on your coffee table, or in your bookcase. You can use this book to put food on your table in case hard times are coming ahead. This knowledge is better at your fingertips now, as you might not be able to get it when you need it the most. You can also use the book to make your own remedies from plants growing around you. Inside *The Forager's Guide to Wild Foods* there are hundreds of medicinal plants and detailed, super simple instructions on how to take advantage of them. A lot of high-priced foods you find labeled as ORGANIC, are nothing compared to the ones that grow in the wild. Wild foods mean no GMO, no pesticides, herbicides or harmful contaminants. There are no foods healthier than the ones you pick yourself in the wild. This is FREE food and it's completely up for grabs. The plant knowledge is no longer taught as it has been for thousands of generations before us. If we don't do something about it, this knowledge will be lost forever and one day we might pay the ultimate price for this. When you were growing up, it was probably your parents or grandparents that helped you identify your very first berry.

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## FIELD & STREAM

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**FIELD & STREAM**, America's largest outdoor sports magazine, celebrates the outdoor experience with great stories, compelling photography, and sound advice while honoring the traditions hunters and fishermen have passed down for generations.

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## WHEN CRISIS HITS SUBURBIA

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### A MODERN-DAY PREPPING GUIDE TO EFFECTIVELY BUG IN AND PROTECT YOUR FAMILY HOME IN A SOCIETAL COLLAPSE

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Ted Riley **Would your family survive in lockdown if society were to collapse? Learn how to prepare your home now. Three quarters of Americans say they're worried about serious incidents, natural disasters, and terror attacks affecting their communities, yet many of them are completely unprepared. We are used to a world in which our homes are supplied with fresh water, gas, and electricity. We're used to having our waste removed and our sanitary needs met. These are all things we've come to expect, but what would happen if they were taken away? Flooding, hurricanes, and pandemics are affecting areas we once thought were safe from disaster--we shouldn't take anything for granted. Prepping is no longer just for preppers; every family needs to be fully equipped to hunker down at home in case the unexpected happens. Do you have enough food to see you through months without a grocery store? Have you thought about what you'd do if you had no access to running water? Are you able to live comfortably in your home without power? These are things you need to think about. Now's the time to ask, "What if...?" Your home is the perfect place to shelter and keep your loved ones safe in case society were to collapse, but you need to know how to use it to its fullest if the luxuries we're used to are no longer available. Your home should always be your safe space--not just when the electricity's running. In **When Crisis Hits Suburbia: A Modern-Day Prepping Guide to Effectively Bug In and Protect Your Family Home in a Societal Collapse**, you'll learn exactly what you need to know to prepare your home for an emergency. You'll find: The 6 key priorities of survival and how to make sure you have them covered A clear guide for knowing when it's time to stay in, and when it's time to evacuate Top prepper survival secrets so that you always stay one step ahead of the rest A toolbox of information that allows you to choose what works best for your family Practical tips for preparing your children for worst-case scenarios without frightening them How to make sure your water supply is 100% safe at all times Comprehensive checklists for everything you need to stock in your home Essential administrative tasks you should have sorted in advance before a disaster strikes And much more. You might have thought of filling your cupboards and checking the first aid kit, but have you really considered what would happen if you didn't have electricity? The ideal home is not only the home that keeps you and your family safe in good times, but it's the home that keeps you safe no matter what. Preparing your home to be just that doesn't have to be complicated, but it does require you to think outside of what you're used to. When was the last time you asked yourself, "What if...?" Did you know how to answer? If you want to prepare your home for the worst-case scenario and protect your family no matter what, then click "Add to Cart" right now.**

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## DISPOSSESSING THE WILDERNESS

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### INDIAN REMOVAL AND THE MAKING OF THE NATIONAL PARKS

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Oxford University Press, USA **National parks like Yellowstone, Yosemite, and Glacier preserve some of this country's most cherished wilderness landscapes. While visions of pristine, uninhabited nature led to the creation of these parks, they also inspired policies of Indian removal. By contrasting the native histories of these places with the links between Indian policy developments and preservationist efforts, this work examines the complex origins of the national parks and the troubling consequences of the American wilderness ideal. The first study to place national park history within the context of the early reservation era, it details the ways that national parks developed into one of the most important arenas of contention between native peoples and non-Indians in the twentieth century.**

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## THE FORAGER'S HARVEST

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### A GUIDE TO IDENTIFYING, HARVESTING, AND PREPARING EDIBLE WILD PLANTS

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Foragers Harvest **Rather than cover hundreds of plants in abbreviated accounts like the typical field guide, the author has chosen a smaller selection of species to discuss in exhaustive detail, including only those plants he has eaten fifty times or more. This book contains as many as ten high-quality color photographs of each plant. These have been selected to facilitate identification and depict the plant parts at exactly the stage of growth in which they should be harvested. The accompanying text is accurate and thorough,**

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giving readers of any experience level the confidence to harvest wild plants for food. Botanically, the text is accurate, yet it remains accessible to the layperson by using technical terms only when necessary. This book has many unique features that will appeal to naturalists, hikers, campers, survivalists, homesteaders, gardeners, chefs, Native Americans, and whole food enthusiasts. It contains a calendar of harvest times for wild produce, a step-by-step protocol for positive identification, an illustrated glossary tailored to the needs of foragers, a recommended reading list, plus special sections on conservation, safety, nutrition, harvest techniques, preparation methods, and storage. While this is not a regional guide, it will prove most useful to readers in the eastern US and Canada, the Rocky Mountains, and the Pacific Northwest.

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## **DANCING AT THE EDGE OF THE WORLD**

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## **THOUGHTS ON WORDS, WOMEN, PLACES**

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[Open Road + Grove/Atlantic](#) "I have decided that the trouble with print is, it never changes its mind," writes Ursula Le Guin in her introduction to *Dancing at the Edge of the World*. But she has, and here is the record of that change in the decade since the publication of her last nonfiction collection, *The Language of the Night*. And what a mind — strong, supple, disciplined, playful, ranging over the whole field of its concerns, from modern literature to menopause, from utopian thought to rodeos, with an eloquence, wit, and precision that makes for exhilarating reading.

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## **THE U.S. NAVY SEAL SURVIVAL HANDBOOK**

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## **LEARN THE SURVIVAL TECHNIQUES AND STRATEGIES OF AMERICA'S ELITE WARRIORS**

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[Skyhorse](#) The ultimate survival guide from the New York Times-bestselling authors of the acclaimed Seal Team Six thriller series. As the elite of the military elite, U.S. Navy SEALs know that they can be deployed anywhere in the world at a moment's notice. Whether in a temperate, tropical, arctic, or subarctic region, they might find themselves alone in a remote area with little or no personal gear. In *The U.S. Navy SEAL Survival Handbook*, decorated Navy SEAL Team Six member Don Mann provides a definitive survival resource. From basic camp craft and navigation to fear management and strategies for coping with any type of disaster, it is an essential resource for all outdoorspeople. Complete with 150 color photographs, this comprehensive guide includes life-saving information on making weapons and tools, finding water, foraging for food, making shelters, signaling, sea survival, and much more. "The U.S. Navy SEAL Survival Handbook is all about developing the SEAL survival mindset, and arming yourself with the appropriate survival techniques for numerous potentially fatal scenarios." —The Huffington Post

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## **ADVANCED BUSHCRAFT**

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## **AN EXPERT FIELD GUIDE TO THE ART OF WILDERNESS SURVIVAL**

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[Simon and Schuster](#) "Meant to follow "Bushcraft 101" by providing more advanced techniques for making tools, traps, shelters, and more, in the wilderness"--

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## **HIGHWAYS AND BYWAYS IN CAMBRIDGE AND ELY**

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[BoD - Books on Demand](#) **Reproduction of the original: Highways and Byways in Cambridge and Ely by Edward Conybeare**

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## **AIR FORCE HANDBOOK 10-644 SURVIVAL EVASION RESISTANCE ESCAPE OPERATIONS, 27 MARCH 2017**

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[Createspace Independent Publishing Platform](#) **Air Force Handbook 10-644 Survival Evasion Resistance Escape (SERE) Operations 27 March 2017** This handbook describes the various environmental conditions affecting human survival, and describes isolated personnel (IP) activities necessary to survive during successful evasion or isolating events leading to successful recovery. It is the fundamental reference document providing guidance for any USAF service member who has the potential to become isolated; deviations require sound judgment and careful consideration. This publication provides considerations to be used in planning and execution for effective mission accomplishment of formal USAF Survival, Evasion, Resistance, and Escape (SERE) training, environmentally specific SERE training, and combat survival continuation training programs. The tactics, techniques, and procedures in this publication are recognized best practices presenting a solid foundation to assist USAF service members to maintain life and return with honor from isolating events.

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## FRICITION

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### AN ETHNOGRAPHY OF GLOBAL CONNECTION

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[Princeton University Press](#) **A wheel turns because of its encounter with the surface of the road; spinning in the air it goes nowhere. Rubbing two sticks together produces heat and light; one stick alone is just a stick. In both cases, it is friction that produces movement, action, effect. Challenging the widespread view that globalization invariably signifies a "clash" of cultures, anthropologist Anna Tsing here develops friction in its place as a metaphor for the diverse and conflicting social interactions that make up our contemporary world. She focuses on one particular "zone of awkward engagement"--the rainforests of Indonesia--where in the 1980s and the 1990s capitalist interests increasingly reshaped the landscape not so much through corporate design as through awkward chains of legal and illegal entrepreneurs that wrested the land from previous claimants, creating resources for distant markets. In response, environmental movements arose to defend the rainforests and the communities of people who live in them. Not confined to a village, a province, or a nation, the social drama of the Indonesian rainforest includes local and national environmentalists, international science, North American investors, advocates for Brazilian rubber tappers, UN funding agencies, mountaineers, village elders, and urban students, among others--all combining in unpredictable, messy misunderstandings, but misunderstandings that sometimes work out. Providing a portfolio of methods to study global interconnections, Tsing shows how curious and creative cultural differences are in the grip of worldly encounter, and how much is overlooked in contemporary theories of the global.**

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## TO LIFE!

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### ECO ART IN PURSUIT OF A SUSTAINABLE PLANET

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[Univ of California Press](#) **This title documents the burgeoning eco art movement from A to Z, presenting a panorama of artistic responses to environmental concerns, from Ant Farms anti-consumer antics in the 1970s to Marina Zurkows 2007 animation that anticipates the havoc wreaked upon the planet by global warming.**

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### THE BUSHCRAFT FIELD GUIDE TO TRAPPING, GATHERING, AND COOKING IN THE WILD

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[Simon and Schuster](#) **"Practical and sized just right, for places where Google can't always be summoned. Includes a guide to what's edible for foragers and key illustrations, in addition to recipes." —The Washington Post** What to eat, where to find it, and how to cook it! Renowned outdoors expert and New York Times bestselling author Dave Canterbury provides you with all you need to know about packing, trapping, and preparing food for your treks and wilderness travels. Whether you're headed out for a day hike or a weeklong expedition, you'll find everything you need to survive--and eat well--out in the wild. Canterbury makes certain you're set by not only teaching you how to hunt and gather, but also giving you recipes to make while on the trail. Complete with illustrations to accompany his instructions and a full-color photo guide of plants to forage and those to avoid, this is the go-to reference to keep in your pack. The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild helps you achieve the full outdoor experience. With it, you'll be prepared to set off on your trip and enjoy living off the land.

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## TINY SURVIVAL GUIDE

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### A LIFE INSURANCE POLICY IN YOUR POCKET

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**How To Survive Almost Anything! What will YOU do WHEN disaster strikes? Every day people like you (and me) are thrown into life and death situations without any warning. Unfortunately some die due to lack of knowledge, skill and preparation. But you don't have to. Tiny Survival Guide is treasure chest full of the life-saving tips you need to survive almost anything - all in a compact, credit card-sized, micro-guide. Carry It Everywhere - All The Time. When when technology fails and you don't have anything, but your wallet, Tiny Survival Guide is there! At less than one ounce Tiny Survival Guide is designed for every day carry (EDC) in your wallet, pocket, purse, pack, glove box - just about ANYWHERE! A Life Insurance Policy in Your Pocket. You'll Learn How To Survive These Threats: Wilderness Mishaps / Civil Unrest / Surprise Attacks / Natural Disasters / Mass Destruction: Nuclear, Biological, Chemical Disasters (and Attacks) / Abduction / Hostage and Terror Threats / Active Shooters / Vehicle Accidents / Hiking, Camping and Hunting Emergencies / And MORE. INSIDE You Will Find: 174 Expert Tips / 101 Detailed Illustrations / 67 Life-Saving Skills / 24 Essential Gear Checklists / 10 "Killer" Mistakes You MUST Avoid. How Can We Fit SO MUCH - In Such a Tiny Guide? Good question. Using a special 3-row by 12-column folding process and high-resolution printing on special paper, we have been able to condense the**

equivalent of a book nearly 75 pages into a guide with the footprint of a credit card, making *Tiny Survival Guide* the first publication of its kind. *One Tough Guide! Tiny Survival Guide* is designed in the USA, using durable tear and weather-repelling, hybrid materials found in the world's toughest wilderness maps. Who Is *Tiny Survival Guide* For? According to FEMA, the majority of Americas do NOT have an emergency plan, sufficient supplies, knowledge or the training needed to survive a major disaster - so, *Tiny Survival Guide* is a great tool for just about anyone! It's also perfect for folks who like to hike, camp, fish, hunt, backpack, travel or explore new wilderness or urban destinations.

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### **EDIBLE WILD PLANTS**

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[Gibbs Smith](#) Edible wild plants have one or more parts that can be used for food if gathered at the appropriate stage of growth and properly prepared. *Edible Wild Plants* includes extensive information and recipes on plants from the four categories. Foundation greens: wild spinach, chickweed, mallow, purslane; tart greens: curlydock, sheep sorrel, wood sorrel; pungent greens: wild mustard, wintercress, garlic mustard, shepherd's purse; and bitter greens: dandelion, cat's ear, sow thistle, nipplewort. Dr. John Kallas has investigated and taught about edible wild plants since 1970. He founded *WildFood Adventures* ([www.wildfoodadventures.com](http://www.wildfoodadventures.com)) in 1993 and is the publisher and editor of *Wild Food Adventurer*. He lives in Portland, Oregon. The definitive work on growing, harvesting, and eating wild greens.

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### **BUSHCRAFT SURVIVAL**

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In *BUSHCRAFT SURVIVAL* Ray Mears travels to some of the most remote and beautiful wildernesses in the world, and experiences first hand the survival techniques of different indigenous cultures. From the Hudson Bay in Canada, via Tanzania and the jungles of Venezuela, to the moors and highlands of Britain, *BUSHCRAFT SURVIVAL* explores a range of locations and techniques from indigenous peoples. Drawing on centuries of knowledge as well as his own experience, Ray demonstrates how our enjoyment of the wilderness comes through respect for our surroundings and the people, plants and animals that live there.

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### **THE MUSHROOM AT THE END OF THE WORLD**

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#### **ON THE POSSIBILITY OF LIFE IN CAPITALIST RUINS**

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[Princeton University Press](#) *Matsutake* is the most valuable mushroom in the world—and a weed that grows in human-disturbed forests across the northern hemisphere. Through its ability to nurture trees, matsutake helps forests to grow in daunting places. It is also an edible delicacy in Japan, where it sometimes commands astronomical prices. In all its contradictions, matsutake offers insights into areas far beyond just mushrooms and addresses a crucial question: what manages to live in the ruins we have made? A tale of diversity within our damaged landscapes, *The Mushroom at the End of the World* follows one of the strangest commodity chains of our times to explore the unexpected corners of capitalism. Here, we witness the varied and peculiar worlds of matsutake commerce: the worlds of Japanese gourmets, capitalist traders, Hmong jungle fighters, industrial forests, Yi Chinese goat herders, Finnish nature guides, and more. These companions also lead us into fungal ecologies and forest histories to better understand the promise of cohabitation in a time of massive human destruction. By investigating one of the world's most sought-after fungi, *The Mushroom at the End of the World* presents an original examination into the relation between capitalist destruction and collaborative survival within multispecies landscapes, the prerequisite for continuing life on earth.

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### **GROWING GOURMET AND MEDICINAL MUSHROOMS**

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[Ten Speed Press](#) A detailed and comprehensive guide for growing and using gourmet and medicinal mushrooms commercially or at home. "Absolutely the best book in the world on how to grow diverse and delicious mushrooms."—David Arora, author of *Mushrooms Demystified* With precise growth parameters for thirty-one mushroom species, this bible of mushroom cultivation includes gardening tips, state-of-the-art production techniques, realistic advice for laboratory and growing room construction, tasty mushroom recipes, and an invaluable troubleshooting guide. More than 500 photographs, illustrations, and charts clearly identify each stage of cultivation, and a twenty-four-page color insert spotlights the intense beauty of various mushroom species. Whether you're an ecologist, a chef, a forager, a pharmacologist, a commercial grower, or a home gardener—this indispensable handbook will get you started, help your garden succeed, and make your mycological landscapes the envy of the neighborhood.

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### **CAMPING AND WOODCRAFT; A HANDBOOK FOR VACATION CAMPERS AND FOR TRAVELERS IN THE WILDERNESS**

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[Franklin Classics](#) This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public

domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

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### **A BOOK-LOVER'S HOLIDAYS IN THE OPEN**

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Cosimo, Inc. As much a symbol of the nation 's adventurous past as he was the very picture of booming 20th-century progress, Theodore Roosevelt politician and soldier, naturalist and historian was still a young man when he left the Oval Office, and he spent the decade after his presidency exploring the world... and sharing his experiences in his inimitable prose. In this 1916 book, he leads us: on a cougar hunt on the rim of the Grand Canyon trekking across the Navajo Desert to a Hopi snake dance across the Andes and Northern Patagonia through bird reserves at the mouth of the Mississippi and much more Roosevelt 's rip-roaring, real-life exploits are just as entertaining today as they were a century ago, and serve as a stirring reminder of the breathtaking beauty and lurking danger of the natural world. American icon THEODORE ROOSEVELT (1858 1919) was 26th President of the United States, serving from 1901 to 1909, and the first American to win a Nobel Prize, in 1906, when he was awarded the Peace Prize for mediating the Russo-Japanese War. He is the author of 35 books.

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### **SAVING JEMIMA**

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### **LIFE AND LOVE WITH A HARD-LUCK JAY**

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Houghton Mifflin For fans of Wesley the Owl and The Soul of an Octopus, the story of a sick baby bird nursed back to health and into the wild by renowned writer/artist Julie Zickefoose. When Jemima, a young orphaned blue jay, is brought to wildlife rehabilitator Julie Zickefoose, she is a virtually tailless, palm-sized bundle of gray-blue fluff. But she is starved and very sick. Julie's constant care brings her around, and as Jemima is raised for eventual release, she takes over the house and the rest of the author's summer. Shortly after release, Jemima turns up with a deadly disease. But medicating a free-flying wild bird is a challenge. When the PBS show Nature expresses interest in filming Jemima, Julie must train her to behave on camera, as the bird gets ever wilder. Jemima bonds with a wild jay, stretching her ties with the family. Throughout, Julie grapples with the fallout of Jemima's illness, studies molt and migration, and does her best to keep Jemima strong and wild. She falls hard for this engaging, feisty and funny bird, a creative muse and source of strength through the author's own heartbreaking changes. Emotional and honest, Saving Jemima is a universal story of the communion between a wild creature and the human chosen to raise it.

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### **THE SOVEREIGN INDIVIDUAL**

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### **MASTERING THE TRANSITION TO THE INFORMATION AGE**

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Simon and Schuster Two renowned investment advisors and authors of the bestseller The Great Reckoning bring to light both currents of disaster and the potential for prosperity and renewal in the face of radical changes in human history as we move into the next century. The Sovereign Individual details strategies necessary for adapting financially to the next phase of Western civilization. Few observers of the late twentieth century have their fingers so presciently on the pulse of the global political and economic realignment ushering in the new millennium as do James Dale Davidson and Lord William Rees-Mogg. Their bold prediction of disaster on Wall Street in Blood in the Streets was borne out by Black Tuesday. In their ensuing bestseller, The Great Reckoning, published just weeks before the coup attempt against Gorbachev, they analyzed the pending collapse of the Soviet Union and foretold the civil war in Yugoslavia and other events that have proved to be among the most searing developments of the past few years. In The Sovereign Individual, Davidson and Rees-Mogg explore the greatest economic and political transition in centuries -- the shift from an industrial to an information-based society. This transition, which they have termed "the fourth stage of human society," will liberate individuals as never before, irrevocably altering the power of government. This outstanding book will replace false hopes and fictions with new understanding and clarified values.

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### **IN THE REALM OF HUNGRY GHOSTS**

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## **CLOSE ENCOUNTERS WITH ADDICTION**

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[Knopf Canada](#) In this timely and profoundly original new book, bestselling writer and physician Gabor Maté looks at the epidemic of addictions in our society, tells us why we are so prone to them and what is needed to liberate ourselves from their hold on our emotions and behaviours. For over seven years Gabor Maté has been the staff physician at the Portland Hotel, a residence and harm reduction facility in Vancouver's Downtown Eastside. His patients are challenged by life-threatening drug addictions, mental illness, Hepatitis C or HIV and, in many cases, all four. But if Dr. Maté's patients are at the far end of the spectrum, there are many others among us who are also struggling with addictions. Drugs, alcohol, tobacco, work, food, sex, gambling and excessive inappropriate spending: what is amiss with our lives that we seek such self-destructive ways to comfort ourselves? And why is it so difficult to stop these habits, even as they threaten our health, jeopardize our relationships and corrode our lives? Beginning with a dramatically close view of his drug addicted patients, Dr. Maté looks at his own history of compulsive behaviour. He weaves the stories of real people who have struggled with addiction with the latest research on addiction and the brain. Providing a bold synthesis of clinical experience, insight and cutting edge scientific findings, Dr. Maté sheds light on this most puzzling of human frailties. He proposes a compassionate approach to helping drug addicts and, for the many behaviour addicts among us, to addressing the void addiction is meant to fill. I believe there is one addiction process, whether it manifests in the lethal substance dependencies of my Downtown Eastside patients, the frantic self-soothing of overeaters or shopaholics, the obsessions of gamblers, sexaholics and compulsive internet users, or in the socially acceptable and even admired behaviours of the workaholic. Drug addicts are often dismissed and discounted as unworthy of empathy and respect. In telling their stories my intent is to help their voices to be heard and to shed light on the origins and nature of their ill-fated struggle to overcome suffering through substance use. Both in their flaws and their virtues they share much in common with the society that ostracizes them. If they have chosen a path to nowhere, they still have much to teach the rest of us. In the dark mirror of their lives we can trace outlines of our own. —from *In the Realm of Hungry Ghosts*

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## **FORAGING AND FEASTING**

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### **A FIELD GUIDE AND WILD FOOD COOKBOOK**

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**Foraging & Feasting: A Field Guide and Wild Food Cookbook** celebrates and reclaims the lost art of turning locally gathered wild plants into nutritious, delicious meals ? a traditional foodway long practiced by our ancestors but neglected in modern times. The book's beautiful, instructive botanical illustrations and enlightening recipes offer an adventurous and satisfying way to eat locally and seasonally. Readers will be able to identify, harvest, prepare, eat, and savor the wild bounty all around them. We share this project with you out of our long commitment to connecting with nature through food and art. The effort weaves together Dina's 30 years of passionate investigations into wild-plant identification, foraging, and cooking with Wendy's deft artistic skills honed over 15 years as a botanical illustrator. The result is an abundance of recipes and illustrations that explore creative ways to bring wild edibles into our lives. Part One of *Foraging & Feasting* serves as a visual guide, tracking 50 plants through their growing cycle. The images illustrate the culinary uses of wild plants at various seasons. Part Two contains easy-to-use references including Plant Chart Centerfolds and Seasonal Flow Charts. Part Three brings you into the kitchen; here you'll find more than 100 master recipes and countless variations formulated to help you easily turn wild plants into delectable salads, soups, beverages, meat dishes, desserts, and a host of other culinary delights. These recipes are not limited to wild ingredients; they can be used with cultivated ingredients as well, purchased or homegrown. Many of the recipes can be made to accommodate various dietary restrictions: gluten-free, casein-free, dairy-free, grain-free, and sugar-free. Among those who will find the book valuable are the health-conscious members of the Weston A Price Foundation, ever in search of nutrient-dense, traditional whole foods. Slow Food enthusiasts will appreciate how focusing on ancient, seas→→unusual edibles.

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## **HOW TO CAMP IN THE WOODS**

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### **A COMPLETE GUIDE TO FINDING, OUTFITTING, AND ENJOYING YOUR ADVENTURE IN THE GREAT OUTDOORS**

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[Black Dog & Leventhal](#) Perfect for everyone from novices to boondockers, *How to Camp in the Woods* compiles contemporary and classic wisdom, practical tips, and illustrated DIY advice on every aspect of equipping, packing, setting up camp, cooking, and improvising no matter where you are in the great outdoors. If you want to immerse yourself or your family in the natural world but still be warm, dry, and comfortable, *How to Camp In the Woods* is for you. *How to Camp in the Woods* will teach readers: Camping and survival basics including fire building, essential knots, site finding, wilderness first aid/CPR, map/compass reading, and camping off the grid. Essential gear, packing light, recommendations for DIY if you've left something behind, and how to keep everything relatively clean. Guides to camping comfortably in all seasons and weather, as well as tips and etiquette for camping

around the world, including with pets and kids. Tips for enhancing the experience, including recipes for easy and inexpensive meals from 25 base ingredients, stargazing essentials, fireside games and songs, bird-watching, and the perfect campfire reading list.

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## **THE ART OF BEING HUMAN**

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[Createspace Independent Publishing Platform](#) **Anthropology is the study of all humans in all times in all places. But it is so much more than that. "Anthropology requires strength, valor, and courage," Nancy Scheper-Hughes noted. "Pierre Bourdieu called anthropology a combat sport, an extreme sport as well as a tough and rigorous discipline. ... It teaches students not to be afraid of getting one's hands dirty, to get down in the dirt, and to commit yourself, body and mind. Susan Sontag called anthropology a "heroic" profession." What is the payoff for this heroic journey? You will find ideas that can carry you across rivers of doubt and over mountains of fear to find the the light and life of places forgotten. Real anthropology cannot be contained in a book. You have to go out and feel the world's jagged edges, wipe its dust from your brow, and at times, leave your blood in its soil. In this unique book, Dr. Michael Wesch shares many of his own adventures of being an anthropologist and what the science of human beings can tell us about the art of being human. This special first draft edition is a loose framework for more and more complete future chapters and writings. It serves as a companion to anth101.com, a free and open resource for instructors of cultural anthropology. This 2018 text is a revision of the "first draft edition" from 2017 and includes 7 new chapters.**

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## **BUSHCRAFT**

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### **OUTDOOR SKILLS AND WILDERNESS SURVIVAL**

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[Lone Pine Pub](#) **Longtime wilderness educator Mors Kochanski has dedicated his life to learning and teaching about the lore of the forest. With clear instructions, extensive use of diagrams and a color photo supplement, this comprehensive reference includes all the practical skills and knowledge essential for you to survive and enjoy the wilderness: \* Lighting and maintaining a fire \* Chopping wood and felling a tree \* Creating a shelter and keeping warm \* Safe use of the axe and bush knife \* Plants and animals important for survival \* Food, water and outdoor cooking \* Wilderness first aid. \* This bestseller should be required reading for hikers, campers, hunters, foresters, backwoods adventurers, scouts, youth groups--anyone with a passion for the outdoors.**

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## **ESSENTIAL BUSHCRAFT**

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[Sceptre](#) **Ray Mears is well known to millions of television viewers through his acclaimed series Tracks, Ray Mears World of Survival and Ray Mears Extreme Survival. Now, based on the bestselling Bushcraft, he has created a handy portable compendium of vital survival skills and wisdom from around the world. Packed with essential wilderness techniques, this book is an invaluable companion on any expedition.**

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## **THE CITY OF EMBER**

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[Random House](#) **Many hundreds of years ago, the city of Ember was created by the Builders to contain everything needed for human survival. It worked - but now the storerooms are almost out of food, crops are blighted, corruption is spreading through the city and worst of all - the lights are failing. Soon Ember could be engulfed by darkness-But when two children, Lina and Doon, discover fragments of an ancient parchment, they begin to wonder if there could be a way out of Ember. Can they decipher the words from long ago and find a new future for everyone? Will the people of Ember listen to them?**